



# Nursery Life

## August 2024



Three Gables  
Day Nursery & Pre-School

### What we've been up to this month...

August: Looking at summer and nutrition

We have had a very exciting month exploring summer and nutrition. We have been looking at the importance of eating well and what are healthy foods and unhealthy foods – we have been making smoothies, fruit tasting and sorting activities. We have been doing lots of gardening; harvesting our runner beans, strawberries, cucumbers, tomatoes, peppers, cabbages and herbs.

We have celebrated party week at nursery, saying goodbye to all of our pre schoolers and wishing them the best of luck as they embark on their new adventures at school! We have had a bouncy castle, a special visit from the ice cream van, lots of party games, pass the parcel and a party tea!!

We have celebrated national elephant day through watching video clips of elephants and then re-creating our very own Elma the elephants in the art room!

### What's happening next month...

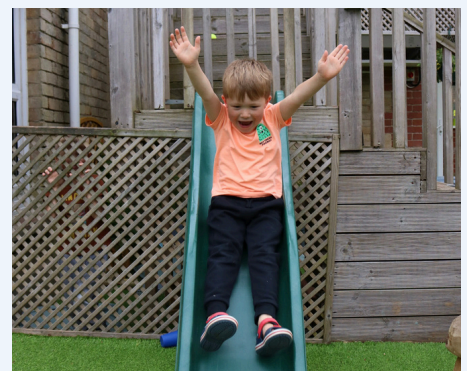
September we will be looking at There's no one quite like me.

We will talk about what makes us individuals, look at personalities, interests and qualities, exploring what makes us different & special. We will look at families, home life, pets and making new friends. We will be exploring cultures and learning about the differences.

We will be celebrating national mindfulness day throughout the nursery.

### Activities we will do at nursery:

- Making play dough faces
- Making paper doll friendship crafts
- Cooking activities making pizza faces
- Drawing self-portraits with mirrors & paper plate faces
- Making family trees
- Making a craft of our favourite pets
- Exploring different handprints
- Looking at life cycles of butterflies and frogs
- Talking about similarities and differences with friends





## September's Preschool focus:

We will be focusing on golden rules when in the pre school room and the importance of why we follow rules. Continuing to support and building self-confidence and resilience, negotiating and problem solving in everyday scenarios.

## Some ideas to do at home:

- Talking about what makes us individuals: do we have blonde hair or brown hair? Do we have blue eyes or green eyes?
- Talking about who is in our families
- Joining in with baking activities in shapes of people or pets
- Drawing around our bodies with chalk or on paper
- Looking at our height using tape measures
- Exploring self portraits and looking at ourselves in the mirror

**We would love to see any photos of activities and experiences from home via the Interactive Learning Diary!**



